

# CARNITINE-PLUS

## Acetyl-L-Carnitine and L-Carnitine Orotate - A unique combination of two forms of Carnitine

**CARNITINE-PLUS** is a formulation containing Acetyl L-Carnitine and L-Carnitine Orotate, a salt of L-Carnitine and Orotic Acid. These forms are more absorbable than L-Carnitine base. Orotic Acid plays a role in liver detoxification.

### Why Take L-Carnitine with R-lipoic Acid?

- ✦ Carnitine & R-Lipoic Acid (RLA) complement one another in the production of energy.
- ✦ Carnitine's primary role is to transport fatty acids into the mitochondria for energy production.
- ✦ Carnitine & RLA promote optimal metabolic activity and cell function by reducing free radical levels which increase with age.
- ✦ Carnitine and RLA play a key role in glucose metabolism and detoxification.

### About Acetyl-L-Carnitine:

- ✦ Acetyl-L-Carnitine (ALC) works synergistically with RLA to repair mitochondria.
- ✦ ALC and RLA enhance anti-oxidative protection and restore the activity of key enzymes.
- ✦ ALC and RLA cross the blood-brain barrier, enhance cellular energy production, support neurotransmitter synthesis & metabolism.
- ✦ ALC and RLA support memory, emotional health and cognitive function.
- ✦ ALC and RLA may assist in reducing inflammation naturally.
- ✦ Both forms of carnitine enhance the sensitivity of insulin receptors, which may decrease blood sugar and circulating levels of insulin both in healthy subjects and in type 2 diabetics.

- ✦ Orotic Acid is a natural substance, functioning as an essential component of living cells and has a direct effect on folate metabolism necessary for DNA synthesis. L-carnitine orotate promotes the reproduction of liver cells and the normalization of liver enzyme systems, and prevents impaired liver cells from deterioration.



**Serving Size:** 2 capsules

**Product Contains:** Acetyl-L-carnitine 500 mg, L-Carnitine 250 mg.

**Other Ingredients:** Vegetarian magnesium stearate, vegetarian capsule

**Recommended Use:** Take 2 or more capsules per day between meals or as directed by your health care provider.

**CARNITINE-PLUS** can also be taken 30 minutes before training.

120 vegcaps



**GeroNova Research Inc.**

*“The Lipoic Acid Company”*

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